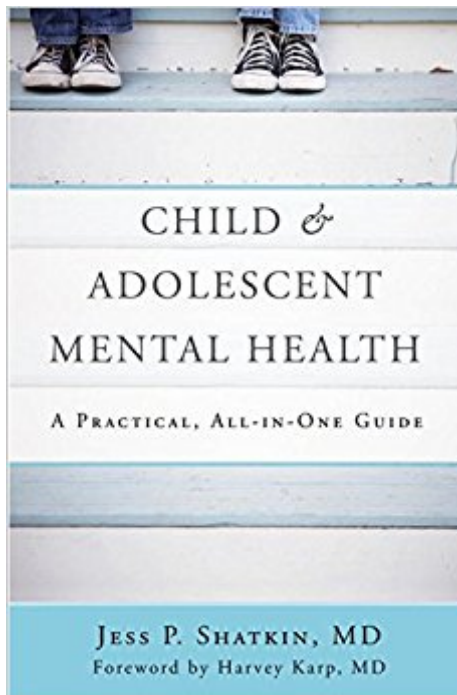


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# Child & Adolescent Mental Health: A Practical, All-in-One Guide



## Synopsis

Everything clinicians need to know about the emotional well-being of kids. With the number and type of mental health issues in kids on the rise, and as more and more clinicians and counselors are being pushed to the front lines of defense, now more than ever there is a need for a comprehensive, practical resource that guides professionals through the complexities of child and adolescent mental health. This practical, comprehensive book answers that call.

## Book Information

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## Customer Reviews

“Outstanding . . . Each chapter includes a plethora of references, and occasional charts and graphs, which complemented and extended the written material extremely well. . . . A major strength of this book is the writing style. [It] reads like an annotated transcript of a didactic lecture delivered by a highly trained professor who makes sure that you understand what is being said before moving on. I would have no problem giving sections of this book to parents to read, or to schoolteachers during an in-service presentation. . . . I will recommend that our residency program and clinic purchase a copy.” - Journal of Psychiatric Practice

“Providing an unrivaled composition of data and probably the most up-to-date review of the research [Shatkin] offers an indispensable guide to anyone who wants to better understand and help children. While such a breadth of knowledge could be tiresome, Shatkin’s work is just the opposite. The writing is clear and concise, and the insights are not only useful, but fascinating. . . . Not only is it an all-encompassing review of our current understanding of child and

adolescent psychopathology, but a handbook full of the most effective and evidence-based practices to treat them. — PsychCentral — “Delivers exactly what it promises — a thorough, fascinating, and, most of all, essential toolkit for those who work with children, adolescents, and their families. — From the Foreword by Harvey Karp, MD, author of *The Happiest Baby on the Block* — “[J]ust what its title promises: a clinically relevant, encompassing yet concise guide to child and adolescent mental health care — user-friendly, and the breadth of information presented is impressive — stands to be one of those go-to resources that a wide range of clinicians will regularly pull from the shelf. — Psychiatric Times — “This book is extraordinary. For pre- and postdoctoral students, psychiatry and pediatric residents, therapists, teachers, and parents, it is an essential read. For established practitioners, this book is indispensable as an up-to-date scientific review of our current understanding of child and adolescent psychopathology and the evidence-based treatments that work. Dr. Shatkin has written a book that should be read and mastered by anyone who wishes to provide state-of-the-art mental health care for children, adolescents, and families. — Harold S. Koplewicz, MD, Founder and President, Child Mind Institute — “Beyond providing clinical insights, this book offers an impressive synopsis of research in the field . . . a well-written and relatively succinct overview of the field of child and adolescent psychiatry. — Journal of the American Academy of Child & Adolescent Psychiatry — “I am certain that this book will directly improve the lives of millions of children suffering from mental illness. — David T. Feinberg, MD, MBA, President & CEO, Geisinger Health System

Jess P. Shatkin, MD, MPH, is vice chair for education and associate professor of child and adolescent psychiatry and pediatrics at the NYU Child Study Center. He is also founder and director of the nation's largest child and adolescent mental health undergraduate studies program, and hosts "About Our Kids," a weekly radio program on Sirius/XM.

It's a good starting point for those who are beginning to learn about counseling children.

Great book, very informative.

Helpful for someone who is beginning to learn about psychology and evaluating children.

This is a concise introduction to Child and Adolescent Mental Health. Its target audience (according to the preface) includes pediatricians, family practitioners, nurse practitioners, psychologists, social workers, occupational therapists, speech therapists, general psychiatrists, and entry-level child and adolescent psychiatry residents and psychology interns. The stated goal of the book is to provide a concise and practical introduction to health care professionals in various fields who work with children and adolescents, either primarily or adjunctively. The author's argument is that it is important for diverse health care professionals working with this population to be familiar with the principles of child and adolescent mental health due to the dearth of practitioners in the field and the great need of this underserved population. This is an admirable goal and Dr. Shatkin succeeds in providing a rigorous, yet concise, introduction for his audience. The text is amply referenced with current and important references. Another stellar feature of this book, given the skyrocketing price of textbooks and professional references, is its extremely reasonable price.

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